



Contact your 9<sup>th</sup> Grade counselor if you need anything!

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Last names **Mc - Z** Mrs. Frohock/Dr. Lawrence [jfrohock@cvs.k12.mi.us](mailto:jfrohock@cvs.k12.mi.us) [dlawrence@cvs.k12.mi.us](mailto:dlawrence@cvs.k12.mi.us)

**Our (Hopefully Shared!) Goal:** Passing all classes, graduating on time & being prepared for life after high school!

You need **22 Credits to Graduate**. You can earn up to 6 of those this year! 4-6 of your current classes right now are required to graduate – so Freshmen Year ABSOLUTELY COUNTS!!! You pass a class with a D- or 60% or higher.

*Pass classes now >>> Earn High School Diploma on time >>> Be prepared for college, career, or military & have success and happiness in life!*

What if I fail a class and fall behind in credits?

- After school credit recovery program (up to \$250 per class or summer school (\$\$\$))
- Credit Recovery as an elective at CVHS – free but you give up an elective class & can fall behind graduating on time.

### **Tips for Academic Success!**

- Use Schoology to check assignments & class info & Powerschool to check grades & attendance.
- ATTEND class everyday & be on time.
- Pay attention while in class and ask questions if needed. Communicate with your teachers.
- Organize your homework, use an agenda/calendar/app to help
- Have a routine to do homework – putting your phone away while studying & doing homework helps!

### **Academic Help Available:**

- Homework Club: After school Tuesdays 2:15-3:15 in 10-12 media center begins 10/22
- NHS Tutor: List of Honor Society student tutors is available in the Counseling office.
- On-Line Homework Help thru the Library. Visit [www.cmpl.org](http://www.cmpl.org) for free help M-F noon-midnight
- Visit [www.KhanAcademy.org](http://www.KhanAcademy.org) Free tutorials!
- Talk to your Teachers! They are here to help.

### **Other Resources/Help Available:**

- Chippewa's Corner Closet: Located here in the 9th Grade Center! Has clothes, shoes, toiletries, school supplies & more! Let us know what you need! FREE!
- Student Assistance offers groups that meet during the school day. (for example for stress, anger or grief).
- Suicide Prevention: 988 on Back of ID – text/call

**Get Involved!!!** For a list of clubs & athletics visit <https://www.chippewavalleyschools.org/schools/high-schools/cvhs/clubs-activities/> <https://www.chippewavalleyschools.org/schools/high-schools/cvhs/athletics/>

**\*\* Students involved in clubs and sports typically have better attendance, grades & report enjoying school more!**

Explore Career Interests & College Information through XELLO found on ClassLinks. Thinking about what you want to pursue after high school can help motivate you to do your best now. These four years will fly by! Have a Plan!!

**NEXT STEPS – THINK ABOUT AND ANSWER THE FOLLOWING:**

**My freshman year, I hope to...**

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**Who is My School Counselor?**

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**Knowing that involved students experience more success, if I had to join one club or activity, which one would I get involved with?**

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**“The way to get started is to quit talking and begin doing.” -Walt Disney**

**“The best way to predict your future is to create it.”  
—Abraham Lincoln**